The Restoration Trust

Wellbeing Festival 2024

HERITAGE LINKWORK OUTCOMES
Historic England funded pilot Great Yarmouth and Waveney 2022 - 2024

Final Evaluation Report Feb 2024 by Make an Impact CIC

- 60% show increased WEMWBS scores
- 26% have reduced use of health services, 114 fewer appointments/ NHS contacts (net annual)
- 33% more physically active, increase of 1040 times of activity for 30 minutes (net annual)
- 83% met new friends
- 67% socialised with someone they met on the project
- 92% have at least one person they can discuss personal matters with

"For my team it has made a big difference, because it made them aware that this works. This is what people need." (Social prescribing referral organisation)

Questionnaire baseline/6+weeks, conversation prompts, focus group, referral/partner interviews