The Norfolk & Suffolk Brecks

NATURAL ENGLAND

Natural England: Natural Character Area (NCA) 85

"...ages-old identity, a very particular land use history and a richly distinctive wildlife, which sets it apart from all surrounding landscapes."

Natural England

The Norfolk & Suffolk Brecks

Biodiversity

- **12 800** species in the Brecks
- **1600** species Brecks only or significant % of UK Pop.
- **65** species rarely seen anywhere else in Britain

Landscape

- Unique geology & Weather
- Land-use history

History

- 251 significant archaeological sites
- 15 scheduled ancient monuments.

- Understand, reveal, celebrate and protect the lost heritage of the Brecks' Fen Edge & Rivers.

- Raise awareness of how water is fundamental to the story of landscape settlement and development, its biodiversity, and to many of its existing and future risks.

- Restore Rivers and sensitive freshwater habitats with communities encouraged to value heritage and given the skills to maintain it.

Opportunities for engagement

Individuals:

Event Participation,

Volunteering & social networks

Groups:

Tailor-made Events & Activities

Organisations:

Project grants (up to £2.5k)

Delivery Project examples

Citizen Science

Education and training

eDNA sampling, mapping ponds

Engaging with schools

Rediscovering heritage

Rediscovering skills through experimental archaeology

Reconnecting heritage sites to the river networks

Unlocking stories from the archives

Having fun with heritage skills

Archaeological skills training:
Field walking, Archive research, Geophysics, Test Pitting & surveys

Building up the big picture and putting sites in context

Restoring the rivers

Community led river restoration, Installing riffles, berms and flow deflectors

Survey and restoration of heritage features

Sample BFER events calendar 2024

Contact the BFER team to find out more and to book at: bfer.admin@suffolk.gov.uk

16th Feb	Guided 'Forest Bathing' mindfulness walk Barnhamcross Common Thetford
28th Feb	Microscopic Marvels macro photography workshop, Knettishall Heath
28th Feb	Biofluorescent Night Walk, Knettishall Heath
13th March	Wellbeing Fair, Thetford Carnegie
15th March	Dusk to Dark night walk, West Stow Country Park
18th April	Kings Forest stroll: tea, trees and trails
27th July	River Dipping Discovery Day, Butten Island, Thetford
11th Aug	Aromatic Adventure sensory stroll, Lakenheath Fen
16th & 23rd Aug	Evening biofluorescent photography workshops, Brandon
1st Sept	Nettle Wonder foraging and wildcraft workshop, Lakenheath Fen
7th-22nd Sept	Brecks Outdoor Festival: a fortnight of activities, walks, workshops, talks, trails and more (various locations)

Additional events and opportunities include: Community running/walking events, paddle sports, outdoor swimming, outdoor yoga, 'sound bathing', wildlife / heritage walks, creative workshops, and more. Bespoke opportunities also available.

HOW CAN I GET INVOLVED?

Sign up to our mailing list

BFER.admin@Suffolk.gov.uk

Follow up on social media

@TheBrecksLP

Find out more at:

www.brecks.org

The Brecks

Fen Edge & Rivers Landscape Partnership